

How Big is Your Bubble?

Setting limits and establishing boundaries.



How big is my bubble? What am I comfortable with when I talk to peers?

How is my bubble different for a close family member than for one of the kids I just met in school?

How does it feel to get a hug from a person I just met? Or from a Grandparent?

How do I know if I am uncomfortable? What does your body tell you?

How can I tell someone I am uncomfortable in the situation?

What are appropriate things I can talk to my friends about at school?
